



Natural + Safe + Proven

**TRUSTED BY
MEDICAL
PROVIDERS
NATIONWIDE**

What is EnLyte (ENL)?

EnLyte (ENL) is a small gel cap containing all the brain-ready micronutrients needed to normalize and balance brain chemicals that regulate mood.



People first notice improved energy, focus, concentration & sleep and most begin to feel a difference in about 2 weeks."

Andrew Farah, MD



www.folatehealth.com

Clinically Proven

In one of EnLyte's important published clinical trials, participants with Major Depressive Disorder saw a 75% improvement and 42% remission compared to placebo*.

*Published in the Journal of Clinical Psychiatry, 2016

EnLyte Helps with:

- MTHFR Genetic Issues
- Depressed Mood
- Apathy/Loss of interest
- Anxiety/Worry
- Irritability
- Problems Concentrating
- Sleep

Safe Ingredients

EnLyte contains natural ingredients that are generally recognized as safe by the FDA and are gluten-free, dairy-free, wheat-free, sugar-free, egg-free, with no artificial colorants.

Dosing

The recommended dosing is (1) gel cap in the morning, when you wake up (on an empty stomach) or as recommended by your healthcare provider. ENL has No age restriction.



To Order and For a Full List of Ingredients visit:

www.folatehealth.com



985-629-5825