METHYLATION: CLINICAL RELEVANCE OF A CRITICAL PROCESS

What is Methylation?

Methylation, also known as One Carbon Metabolism, is occurring 24 hours a day in every cell in the body. Intertwined in Methylation are the Folate, Methionine Synthesis, and Transsulfuration (Homocysteine Reduction) cycles.

Why is This a Critical Process?

Food materials and minerals have to be broken down to their final metabolite, brain-ready cofactors to fuel Methylation. Because of faulty enzyme systems (MTHFR Polymorphism), age, alcohol, smoking, folate depleting drugs, diabetes, malabsorption syndromes, poor diet, and stress, about **80% of people in the US** are at risk of not being able to supply these critical cofactor metabolites necessary to properly operate the chemical factory that is Methylation.

POOR METHYLATION

- Low Neurotransmitter Production
- High Homocysteine
- Mood Disorders
- Neurological Disorders
- Cardiovascular Inflammation

What Are the Consequences of Poor Methylation?

Low neurotransmitter production and high homocysteine and their resulting consequences: neurological disorders, cardiovascular inflammation, and many other diseases.

How Does EnLyte Address Methylation?

Through extremely highly refined, pre-metabolized, brain-ready cofactors to supply 100% of the materials needed to allow the body to properly operate the chemical process that is Methylation.

Learn More Now

Learn how to fuel the methylation cycle and maximize neurotransmitter production today in one gelcap, once per day. Simply contact us through the "contact" form or schedule a phone appointment with a folate therapy expert on our website.